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## Auto Injuries

In the United States more than 3 million people are injured in auto accidents each year. Oftentimes the injuries go unreported and worse yet the victims fail to seek proper health care. Injuries sustained at high speeds have long been recognized as very threatening to the body. However, **it is the lower impact collisions that will usually cause the most damage** due to a simple factor, neglect. With impacts between the speeds of 1.9-20 m.p.h. the force that is actually exerted on the head can be well over 11G which will result in **brain stem injuries in over half of the victims.**

This means the **“bumps”** received in rear end collisions and the **“fender benders”** have a serious effect on your body. They cause misalignments in the spine and may not cause pain right away. With time, these misaligned vertebrae can cause devastating degenerative effects to the bones, the disc, and the nerves in the involved areas. **The lack of pain immediately following a low impact collision tends to allow a much more serious problem to progress, spinal decay.** This is exactly why all people involved in any kind of auto injury, **regardless of speed,** should be checked by a chiropractor.

Dr. Royal is an expert in auto related injuries and has ample information regarding the long term effects. He is also very **adept in the legal aspect of injuries** that will allow for minimal stress and involvement from the patient regarding their accident. In the case of an auto accident **the very best approach to pain is prevention.**

*“After my “fender-bender” I suffered from minor aches that developed into constant pain. I then saw Dr. Kris who even stopped the severe headaches that the medications could not touch!”*

*-Cathleen*

Do not wait until the symptoms arise. **Take control of the situation before it takes control of you.** In referring to the structural alignment of children a great chiropractor once said “as the twig grows so grows the tree.” This quote could not be more true in regards to chiropractic care for children than in the situation of auto injuries. **Children often tend to be the ones most frequently neglected, yet car safety devices and shoulder seatbelts are not as beneficial for our 3 and 4 foot passengers.** Have all car injury victims checked for whiplash!

